What does Wellbeing Exeter Do?

We enable Exeter residents to improve and promote their own health and wellbeing through being better connected to their community, having a more fulfilled life.

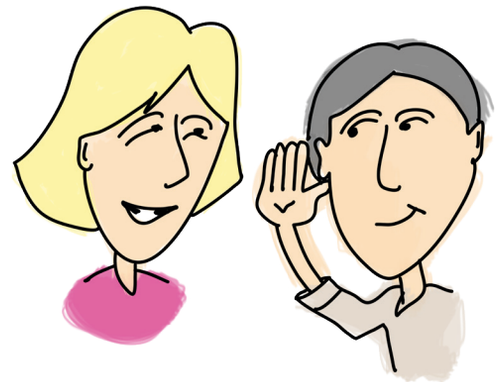
This is done through:

- **Connecting People to their Community**

  Working with individuals linked in through their Exeter GP Practice.

- **Developing Communities**

  Through the Community Builders work – focusing on what matters to residents.



Wellbeing Exeter is a partnership of voluntary organisations.

To find out more about us visit our website:

www.wellbeingexeter.co.uk

Wellbeing EXETER

Community Building

Community Builders are working in all 13 neighbourhoods across the city. Their role is to listen to residents, and through these conversations help to uncover what people feel strong about, to help connect people and ideas, to help the community develop what they want.

To find out more visit
www.wellbeingexeter.co.uk/community-building

Link up with Your Local Community Builder:

Neighbourhood/Area	Community Builder	Mobile Phone	Email	Facebook Page	Twitter
St Thomas	Chloe Pooley	07935 218747	stthomascb@gmail.com	CB St Thomas	@chloe_stthomas
Exwick	Rachel Gillmore	07542 041672	exwickcb@gmail.com	Exwick CB	@exwickcb
Newtown & St Leonards	Jayne Leaver	07933 776210	newtownstleonardscb@gmail.com	Newtown St Leonards CB	@JayneLeaverCB
Pennsylvania	Ebbie Peters	07516 692583	mountpleasantcb@gmail.com	Mount Pleasant CB	@EbbiePetersCB
Pinhoe	Ebbie Peters	07516 692583	pinhoecb@gmail.com	Pinhoe CB	@EbbiePetersCB
Countess Wear (Topsham)	Ed Shaw	07902 119083	countesswearcb@gmail.com	Countess Wear CB	
St David's East	Bernice Endacott	07719 239551	stdavidseastcb@gmail.com	St Davids East CB	
Wonford (Priory)	Barbara Beames	07966 992397	wonfordcb@gmail.com	Wonford CB	@wonfordcb1
St Loyes	Josh Hamilton	07746 898769	stloyescb@gmail.com	CB St Loyes	
Duryard & St James	Rachel Harriss	07746 472581	duryardandstjamescb@gmail.com	Duryard & St James CB	
Newcourt	Helen Moore	07966 992393	newcourtcb@gmail.com	Newcourt CB	
Mincinglake & Whipton	Amy Jones	07720 397937	mincinglakewhiptoncb@gmail.com	CB Mincinglake Whipton	
Alphington	Ben Stollery	07739 406869	alphingtoncb@gmail.com	Alphington CB	
Heavitree	Helen Moore	07966 992393	heavitreecb@gmail.com	Heavitree CB	